

Julie's

Fresh Kitchen

Est. 1996

Two Locations to Serve You

Original #1 - 6256 McCart Ave.
817-263-6070

#2 - 5443. S. Hulen
817-292-0360

Hours of Operation for both locations:

Monday through Saturday

6:30 am-8:30 pm

Closed on Sundays

Welcome to Julie's Fresh Kitchen

As the owners and operators of Julie's, we would like to thank you for choosing to eat with us. We have two boys, Colin and Jonathan, and one girl, Julie. We adopted Julie in June, 1994, from Vietnam. We want your meal to be a pleasant and satisfying experience. Your patronage is appreciated and we look forward to serving our community for many years to come. We know, and will never forget, that you have a choice where you dine. We welcome any comments or suggestions.

-Thank you, Jody and Cynthia Helton

Daily Specials

\$6.60 - Served with biscuits, rolls or cornbread

Monday - Pot Roast - Tender chunks of roast beef with potatoes, carrots, onions and brown gravy, and your choice of one more vegetable.

Chicken Pot Pie - Homemade recipe of chicken, potatoes, carrots, peas, onions and celery mixture and your choice of one more vegetable.

Tuesday - Chicken and Dumplings - Tender chicken and plump dumplings mixed with a rich chicken broth seasoned to perfection with your choice of two vegetables.

Meatloaf - Homemade recipe with a spicy red sauce gravy and your choice of two vegetables.

Wednesday - Turkey & Dressing - A combination of dark and white turkey meat with cornbread dressing, giblet gravy, cranberry sauce and choice of one vegetable.

Pot Roast - Tender chunks of roast beef with potatoes, carrots, onions and brown gravy, and your choice of one more vegetable.

Thursday - Meatloaf - Homemade recipe with a spicy red sauce gravy and your choice of two vegetables.

Chicken Tetrazini - Creamy chicken with celery, cheese, onions and noodles served with your choice of two vegetables.

Friday - Oven Roasted Turkey Breast - Roasted Plantation Turkey Breast with cornbread dressing, giblet gravy, cranberry sauce and choice of one vegetable.

Chicken and Dumplings - Tender chicken and plump dumplings mixed with a rich chicken broth seasoned to perfection with your choice of two vegetables.

Saturday - Chicken Pot Pie - Homemade recipe of chicken, potatoes, carrots, peas, onions and celery in a creamy mixture and your choice of one more vegetable.

Hot Open-Faced Roast Beef Sandwich - Tender chunks of roast beef on toast with brown gravy and fresh white onions and your choice of two vegetables.

Monday and Friday Fabulous Fish Fry

All you can eat Catfish, Coleslaw, French
Fries and Hushpuppies. \$8.99

4:00 pm - Close

Tuesday Burger Bonanza!!!!

4 oz. Burger with one side
\$2.99

Every Tuesday, 4:00 pm -
Close

Entrees

Served with choice of two vegetables, biscuits, rolls or cornbread.

Beef and Pork Choices

Chicken Fried Steak - Hand cut, hand tenderized, USDA Choice beef inside.	\$6.99
Grilled Chop Steak - USDA Choice ground beef served with grilled onions and Brown gravy upon request	\$6.99
Liver and Onions - Thinly sliced beef liver, lightly battered and grilled to Perfection with grilled onions	\$6.99
Fried Pork Chops - Center cut chops fried to a golden brown	\$6.99

Chicken Choices

Fried Chicken Strips - Six strips of tender chicken, hand cut from a boneless Skinless, chicken breast.	\$6.99
Fried Chicken Breast - Hand battered and deep fried to perfection	\$6.99
Grilled Chicken Breast - Tender breast marinated in Italian dressing	\$6.99
Grilled Teriyaki Chicken Breast - Marinated in our own homemade sauce	\$6.99
Southwest Grilled Chicken Breast - Tender breast topped with Mexican Salsa, melted cheese and grilled onions.	\$6.99

Fish Choices

Catfish - This hearty portion of fish may be deep fried or Cajun grilled	\$6.99
Cod - Delicious baked with a thin layer of mayonnaise and bread crumbs or Cajun grilled - a favorite among many loyal Julie's customers	\$6.99

Sandwiches, Salads and Soups

All Sandwiches are sold with one vegetable choice/Add cheese +.30/Add bacon +.50

Hamburger - One of the best burgers in Fort Worth	\$6.25
Patty Melt - The traditional sandwich on rye bread	\$6.25
Grilled or Fried Chicken Sandwich - Tender breast served on a bun	\$6.25
Chicken Fried Steak Sandwich - Julie's great steak served on a bun	\$6.25
Club Sandwich - The traditional sandwich served on wheat or white bread	\$5.25
Julie's Wrap - Ask your server about this great "light" lunch choice Only available for lunch 11:00-1:30	\$6.25
Tuna Salad Sandwich - The traditional salad served on wheat or white bread Only available for lunch 11:00-1:30	\$4.75
Chef Salad, Grilled Chicken Salad, Fried Chicken Salad	\$5.75
Dressing choices: 1000 Island, Ranch, Fat-Free Ranch, Italian, Bleu Cheese, French or Honey Mustard	
Soup: Monday-Potato; Tuesday-Vegetable; Wednesday-Tortilla; Thursday-Chicken Noodle; Friday-Tortilla; Saturday-Vegetable	Cup: \$1.35 Bowl: \$2.75

Vegetables

Vegetable Plate- Choice of 4 - \$5.50

Fresh Mashed Potatoes	Baked Potato	French Fries	Carrots
Macaroni and Cheese	Fried Okra	Pinto Beans	Broiled Tomato
Spinach	Green Beans	Squash Casserole	Corn
Onion Rings	Cole Slaw	Blackeye Peas-Tues. and Thurs.	
Tues & Fri - Broccoli/Rice Casserole	Mon/Wed/Thurs/Sat-Broccoli and Cheese Sauce		

Beverages

Fountain Drinks	\$1.30
Iced or Hot Tea or Coffee	\$1.30
32 oz. Jumbo "To Go" Cup	\$1.75
Milk	\$1.30
Orange Juice Sm.	\$1.75/Lg. \$2.25
Take home a Gallon of Julie's Iced Tea - \$3.00	

Breakfast Menu

Breakfast Served Daily - 6:30 am - 12 noon

Julie's Favorite Two eggs, bacon, sausage, or ham, hash browns or grits, biscuits or toast	\$3.99
Jonathan's Favorite One egg, hash browns or grits, biscuits or toast	\$2.25
Colin's Favorite Two eggs, bacon, sausage, or ham, hash browns or grits, two pancakes	\$4.99
Jody's Favorite Huevos Rancheros -two scrambled eggs, cheese, and sausage rolled up in two flour tortillas with hash browns or grits	\$4.99
Cynthia's Favorite Chicken Fried Steak with two eggs, hash browns or grits, biscuits	\$4.99
Low Carb Favorite Three eggs, choice of two meats: 3 bacon strips, 2 sausage patties	\$4.99
Tami's Favorite One egg, cheese, bacon, sausage or ham, on white or wheat bread, a Biscuit or a bun, hash browns or grits	\$4.00

Omelets

Build your Own!

Choose Two of the following - \$3.49

Choose Three of the following - \$3.99

Choose Four of the following - \$4.49

Choose Five or more of the following - \$4.99

Cheese Ham Sausage Bacon Onions
Green Bell Pepper Tomato Spinach

Served with hash browns or grits, biscuits or toast

Substitute Egg Beaters .65

Pancakes, etc.

Short Stack (2 cakes)	\$3.00
Regular Stack (3 cakes)	\$3.75
Belgium Waffle	\$3.75
French Toast (3)	\$3.75
Cinnamon Roll	\$1.75
Add Bacon	\$1.50
Add Sausage	\$1.75
Add Ham	\$1.75
Oatmeal	\$1.50

Side orders

One egg	\$1.35
Ham	\$2.25
Sausage Patties (2)	\$2.00
Bacon (3)	\$2.00
Two Biscuits & Gravy	\$1.50
Toast and Jelly	\$1.25
Hash Browns	\$1.50
Grits	\$1.50

Children's Menu

Only available for children up to 12 years of age

All children's meals include the entrée of choice, one vegetable

Jello and a drink - \$2.99

Mondays after 4:00 pm - \$1.99

Chicken Strips - 3 pieces of chicken with creamy gravy

Chicken Fried Steak Fingers - 3 steak fingers with creamy gravy

Hamburger - 4 oz burger served on a small bun

Corny Dog - Deep fried to a golden brown